

Emotional Quotient Inventory (EQI)

The **Emotional Quotient Inventory's** is a self-report intended to evaluate emotional and social functioning. The instrument is used to figure out personal development, emotional intelligence, and emotional and social competencies.

This instrument specifically measures a collection of skills: Intrapersonal, interpersonal, stress management, adaptability, and general mood. The instrument includes a 133 question test with 5 subscales. The questions use a 5-point Likert Scale.

Validity and Reliability

This instrument has been used worldwide for more than 20 years along with a data base of more than 1 million people tested. EQ-I has been deemed a valid and reliable test through numerous statistical analyses performed by professionals and various universities. The Cronbach alpha was tested to be changing from each subscale but showed an overall rating of 0.5.

Where to purchase

[Multi-Health Systems, Inc.](#)

Administration, Analysis and Reporting

Statistics Solutions consists of a team of professional methodologists and statisticians that can assist the student or professional researcher in administering the survey instrument, collecting the data, conducting the analyses and explaining the results.

For additional information on these services, [click here](#).

References

[Bar-On Emotional Quotient Inventory, TECHNICAL MANUAL \(A Measure of Emotional Intelligence\)](#)

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