Boredom Proneness Scale (BPS)

Developed to assess boredom, the Boredom Proneness Scale (BPS) was created in 1986. It is specifically used to determine the cause for periods of boredom and the steps to combat it.

The subscales for the test include external stimulation, perception of time, constraints, affective responses, and focusing endurance. The test includes a 28 true false questions that were originally geared towards people 17 and older but have been adapted to fit children.

Authors

Farmer and Sundberg (1986).

Validity and Reliability

According to studies performed by several different sources – Vodanovic, Ahmed, Watt – the BPS is a valid and reliable test. These studies showed alpha scores for the internal consistency and the test-retest reliability at 0.83 and 0.79 respectively.

Where to Purchase

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Administration, Analysis and Reporting

Statistics Solutions consists of a team of professional methodologists and statisticians that can assist the student or professional researcher in administering the survey instrument, collecting the data, conducting the analyses and explaining the results.

For additional information on these services, click here.

References


new scale. *Journal of Personality Assessment*, 50, 4-17
