The **Self-Esteem Index (SEI)** is a multidimensional instrument that measures how adolescents and children perceive and value themselves. Some of the common uses of this instrument include: identifying problems (behavior, emotional, adjustment, self-esteem), confirming referrals, and planning a method for solving the problem (goals, meetings, etc.)

Participants are asked to respond to 80-item self-report test using a 4-point scale. Approximately 30 to 35 minutes is required for completion.

**Authors**

Linda Brown & Jacquelyn Alexander, 1991

**Subscales**

- Familial Acceptance
- Academic Competence
- Peer Popularity
- Personal Security
- Self-Esteem Quotient

**Reliability and Validity**

Brown and Alexander only included data analysis in their test manual for internal consistency for reliability. At age levels of 11, alpha coefficients were reported between 0.80 and 0.90; however, scores dropped in the 0.70 to 0.80 range with age levels of 8. There were low scores for the SEI correlated with other self-esteem measures such as the Piers-Harris Children’s Self-Concept Scale (0.29) and the Coopersmith Self-Esteem Inventory. Samples for the validity data, also, were questionable due to few subjects (less than 30 student) and the limited age ranges.

**Where to Purchase**

[PRO-ED, Inc.](http://www.pro-ed.com)

**Administration, Analysis and Reporting**
Statistics Solutions consists of a team of professional methodologists and statisticians that can assist the student or professional researcher in administering the survey instrument, collecting the data, conducting the analyses and explaining the results.

For additional information on these services, click here.

**Reference**


Huebner, E. Scott. Review of the Self-Esteem Index. University of South Carolina, Columbia, SC.

Mueller, O. Ralph. Review of the Self-Esteem Index. University of Toledo, Toledo, OH.


**Dissertations and Journals**
