The Self-Directed Learning Readiness Scale, or SDLRS, is a method for evaluating an individual’s perception of their skills and attitudes that are associated with self-directedness in learning. The scale is structured around eight factors, attitudinal and personality, that are linked to self-directness. Other than learners’ perception of readiness for self-directed learning, this instrument is used for researching the relationship between self-directed readiness and other personological variables.

SDLRS testing includes 58-items with a 5-point scale for responses, ranging from almost always true to almost never true. The test uses 41 positively phrased questions and 17 negatively phrased. Also, the instrument is available in a number of different languages.

Author

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Reliability and Validity

Supported by Delahaye & Smith (1995), Durr (1992), Finestone (1984), Graeve (1987), Hassan (1981), Long & Agyekum (1984), McCune & Guglielmino (1991), Posner (1990), and Russell (1988), the SDLRS generally has an internal reliability coefficient of .72 to .96, and has scored test-retest reliability of 0.82 and .79, Finestone (1984) and Wiley (1981). Clear correspondence of the instrument with other literature on self-directed learning shows strong content validity. Correlation of the SDLRS with other instruments is reported as follows – Student’s Orientation Questionnaire 0.35, Preference for challenge 0.81, curiosity of Learning 0.79, Perceived Scholastic Competence 0.69. Use of internal criteria for evaluation 0.64, independent mastery 0.56, and independent judgment 0.54 (Posner, 1990).

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References


