Myers-Briggs Type Indicator (MBTI)

by James Lani

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The Myers-Briggs Type Indicator is commonly used instrument for the evaluation of a person’s personality and behavior. Currently there exist five forms of MBTI: Form M, Form M self-scorable, Form G, Form G self-scorable, and Form Q. The test has been translated into 21 different languages and has established itself as a useful method in improving performance, choosing careers, and reducing workplace conflict.

Authors

Isabel Briggs Myers

Validity and Reliability

Based on the most recent forms of MBTI (M and Q), the internal consistency was .90 for Form M and .77 for Form Q. A sample of 3,009 people representing a national sample was used for Form M, whereas a nationally representative sample of 1,378 was used for Form Q. The test is given to 2 million people every year; in addition, the test is used by companies and researchers. The MBTI is an established instrument used for the analysis of personality.

Obtaining the MBTI

CPP

Administration, Analysis and Reporting

Statistics Solutions consists of a team of professional methodologists and statisticians that can assist the student or professional researcher in administering the survey instrument, collecting the data, conducting the analyses and explaining the results.

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Dissertations Using the Myers-Briggs Type Indicator

Below is a list of dissertations that use the MBTI. The full version of these dissertations can be found using ProQuest.


**References**

