Job Stress Survey (JSS)

by James Lani


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Intended for use in business or educational settings, the Job Stress Survey (JSS) evaluates the cause of work-related stress. The implications of the JSS are to improve the work environment, alleviate stress conditions, and ultimately enhance productivity.

Participants of the JSS are asked to respond to 30-items, selecting the severity and frequency of each stress item. A severity scale of 0 to 9 is used for the responses. Approximately 10 to 15 minutes is required for completion.

Author

Charles D. Spielberger & Peter R. Vagg

Reliability and Validity

The two authors provide support for good reliability and validity for the Job Stress Survey in the test manual. Alpha coefficients for the internal consistency repeatedly scored around 0.80. Over different time periods, the test-retest coefficient was reported at 0.48 to 0.75, showing the JSS is fairly inconsistent. Items for the JSS instrument were taken from previous experiments and research, using input from people in stressful jobs. Inverse correlations were calculated when comparing the JSS scales with the locus of control and a job satisfaction measure.

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Administration, Analysis and Reporting

Statistics Solutions consists of a team of professional methodologists and statisticians that can assist the student or professional researcher in administering the survey instrument, collecting the data, conducting the analyses and explaining the results.

For additional information on these services, click here.
References


Pinkney, James. Review of the Job Stress Survey. East Carolina University, Greenville, NC.


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