

## Included Analyses

- [Repeated Measures ANOVA for pre\\_1, pre\\_2, pre\\_3, pre\\_4, and pre\\_5](#)
- [Friedman Test for pre\\_1, pre\\_2, pre\\_3, pre\\_4, and pre\\_5](#)

## Results

### Repeated Measures ANOVA

#### *Introduction*

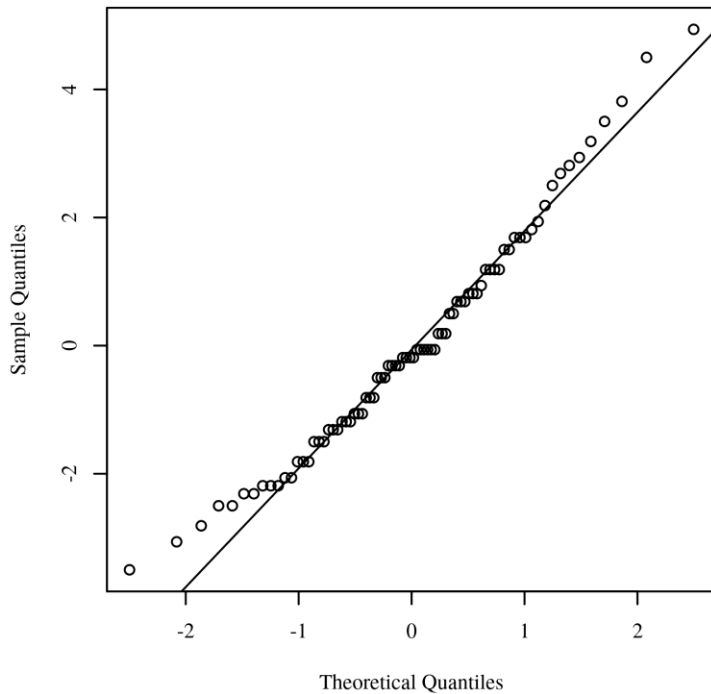
A repeated measures analysis of variance (ANOVA) with one within-subjects factor was conducted to determine whether significant differences exist among pre\_1, pre\_2, pre\_3, pre\_4, and pre\_5.

#### *Assumptions*

**Normality.** The assumption of normality was assessed by plotting the quantiles of the model residuals against the quantiles of a Chi-square distribution, also called a Q-Q scatterplot (DeCarlo, 1997). For the assumption of normality to be met, the quantiles of the residuals must not strongly deviate from the theoretical quantiles. Strong deviations could indicate that the parameter estimates are unreliable. Figure 1 presents a Q-Q scatterplot of model residuals.

#### **Figure 1**

*Q-Q scatterplot for normality of the residuals for the regression model.*



**Sphericity.** Mauchly's test was used to assess the assumption of sphericity (Field, 2017; Mauchly, 1940). The results showed that the variances of difference scores between repeated measurements were significantly different from one another based on an alpha of .05,  $p < .001$ , indicating the sphericity assumption was violated.

**Multivariate Outliers.** To identify influential points in the residuals, Mahalanobis distances were calculated and compared to a  $\chi^2$  distribution (Newton & Rudestam, 2012). An outlier was defined as any Mahalanobis distance that exceeds 20.52, the 0.999 quantile of a  $\chi^2$  distribution with 5 degrees of freedom (Kline, 2015). There were no outliers detected in the model.

### **Results**

The results were examined based on an alpha of .05. The  $p$ -values for the within-subjects factor and the interactions with the within-subjects factor were calculated using the Greenhouse-Geisser correction to adjust for the violation of the sphericity assumption. According to

Greenhouse and Geisser (1959), this is the appropriate way to adjust for violations of the sphericity assumption. The main effect for the within-subjects factor was significant,  $F(4, 60) = 5.71, p = .007$ , indicating there were significant differences between the values of pre\_1, pre\_2, pre\_3, pre\_4, and pre\_5. Table 1 presents the ANOVA results. The means of the within-subjects factor are presented in Table 2 and Figure 2.

**Table 1**

*Repeated Measures ANOVA Results*

| Source          | <i>df</i> | <i>SS</i> | <i>MS</i> | <i>F</i> | <i>p</i> | $\eta_p^2$ |
|-----------------|-----------|-----------|-----------|----------|----------|------------|
| Within-Subjects |           |           |           |          |          |            |
| Within Factor   | 4         | 21.50     | 5.37      | 5.71     | .007     | 0.28       |
| Residuals       | 60        | 56.50     | 0.94      |          |          |            |

**Table 2**

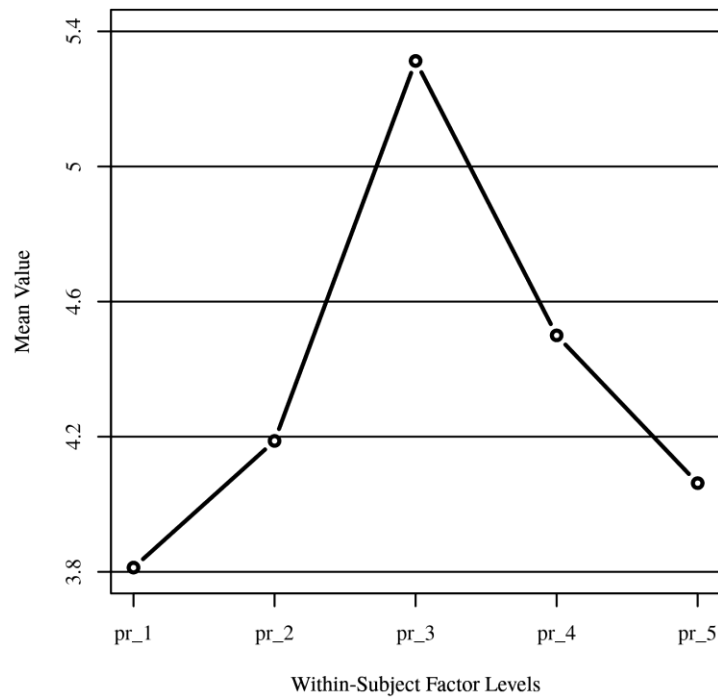
*Means Table for Within-Subject Variables*

| Variable | <i>M</i> | <i>SD</i> |
|----------|----------|-----------|
| pre_1    | 3.81     | 1.64      |
| pre_2    | 4.19     | 1.76      |
| pre_3    | 5.31     | 1.49      |
| pre_4    | 4.50     | 2.25      |
| pre_5    | 4.06     | 1.98      |

*Note.*  $n = 16$ .

**Figure 2**

*Within-subject variable means*



**Post-hoc.** The mean contrasts utilized Tukey comparisons based on an alpha of .05. Tukey comparisons were used to test the differences in the estimated marginal means for each combination of within-subject effects.

**Within Effects.** pre\_1 was significantly less than pre\_3,  $t(15) = -5.81, p < .001$  and pre\_2 was significantly less than pre\_3,  $t(15) = -4.39, p = .004$ . No other significant differences were found between pre\_1, pre\_2, pre\_3, pre\_4, and pre\_5. Table 3 presents the marginal means contrasts for the Repeated Measures ANOVA.

**Table 3**

*The Marginal Means Contrasts for each Combination of Within-Subject Variables for the Repeated Measures ANOVA*

| Contrast      | Difference | SE   | df | t     | p      |
|---------------|------------|------|----|-------|--------|
| pre_1 - pre_2 | -0.38      | 0.15 | 15 | -2.42 | .163   |
| pre_1 - pre_3 | -1.50      | 0.26 | 15 | -5.81 | < .001 |
| pre_1 - pre_4 | -0.69      | 0.36 | 15 | -1.90 | .359   |
| pre_1 - pre_5 | -0.25      | 0.31 | 15 | -0.81 | .924   |
| pre_2 - pre_3 | -1.12      | 0.26 | 15 | -4.39 | .004   |

|               |       |      |    |       |      |
|---------------|-------|------|----|-------|------|
| pre_2 - pre_4 | -0.31 | 0.35 | 15 | -0.89 | .895 |
| pre_2 - pre_5 | 0.12  | 0.34 | 15 | 0.37  | .996 |
| pre_3 - pre_4 | 0.81  | 0.46 | 15 | 1.77  | .423 |
| pre_3 - pre_5 | 1.25  | 0.50 | 15 | 2.52  | .138 |
| pre_4 - pre_5 | 0.44  | 0.32 | 15 | 1.39  | .646 |

*Note.* Tukey Comparisons were used to test the differences in estimated marginal means.

## Friedman Rank Sum Test

### Introduction

A Friedman rank sum test was conducted to examine whether the medians of pre\_1, pre\_2, pre\_3, pre\_4, and pre\_5 were equal. The Friedman test is a non-parametric alternative to the repeated measures one-way ANOVA and does not share the ANOVA's distributional assumptions (Conover & Iman, 1981; Zimmerman & Zumbo, 1993).

### Results

The results of the Friedman test were significant based on an alpha value of .05,  $\chi^2(4) = 17.42$ ,  $p = .002$ , indicating significant differences in the median values of pre\_1, pre\_2, pre\_3, pre\_4, and pre\_5. Table 4 presents the results of the Friedman rank sum test. Figure 3 presents boxplots of pre\_1, pre\_2, pre\_3, pre\_4, and pre\_5.

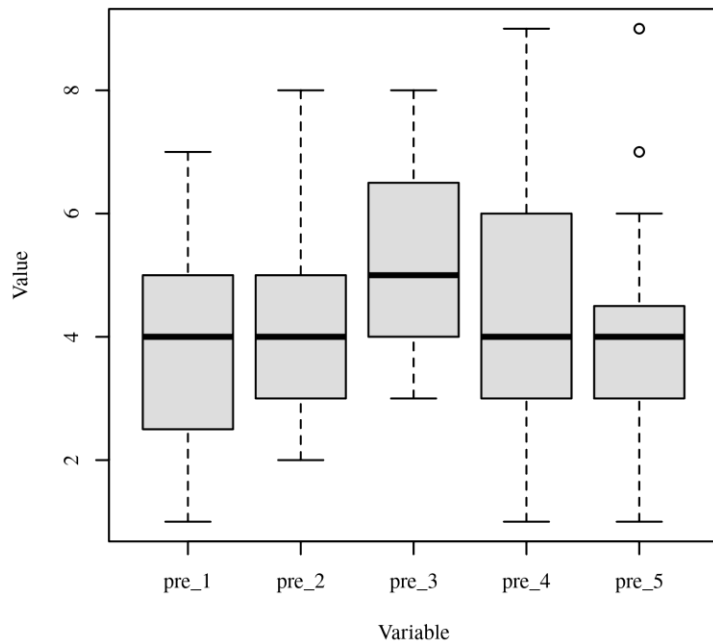
**Table 4**

#### *Friedman Rank Sum Test*

| Variable | Mean Rank | $\chi^2$ | df | p    |
|----------|-----------|----------|----|------|
| pre_1    | 2.16      | 17.42    | 4  | .002 |
| pre_2    | 2.81      |          |    |      |
| pre_3    | 4.25      |          |    |      |
| pre_4    | 3.03      |          |    |      |
| pre_5    | 2.75      |          |    |      |

### Figure 3

*Boxplots of pre\_1, pre\_2, pre\_3, pre\_4, and pre\_5*



**Post-hoc.** Pairwise comparisons were examined between each combination of variables. The results of the multiple comparisons indicated significant differences, based on an alpha value of .05, between pre\_1-pre\_3. Table 5 presents the results of the pairwise comparisons.

**Table 5**

*Pairwise Comparisons for the rank-sums of pre\_1, pre\_2, pre\_3, pre\_4, and pre\_5*

| Comparison  | Observed Difference | Critical Difference |
|-------------|---------------------|---------------------|
| pre_1-pre_2 | 10.50               | 25.11               |
| pre_1-pre_3 | 33.50               | 25.11               |
| pre_1-pre_4 | 14.00               | 25.11               |
| pre_1-pre_5 | 9.50                | 25.11               |
| pre_2-pre_3 | 23.00               | 25.11               |
| pre_2-pre_4 | 3.50                | 25.11               |
| pre_2-pre_5 | 1.00                | 25.11               |
| pre_3-pre_4 | 19.50               | 25.11               |
| pre_3-pre_5 | 24.00               | 25.11               |
| pre_4-pre_5 | 4.50                | 25.11               |

*Note.* Observed Differences > Critical Differences indicate significance at the  $p < .05$  level.

## References

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## Glossaries

### Repeated Measures ANOVA (Analysis of Variance)

The Repeated Measures ANOVA examines differences among repeated measurements on the same subjects.

**Fun Fact!** The repeated measures analysis of variance (ANOVA) is commonly mistaken as a multivariate design. This is because in the repeated measures design, each trial represents the measurement of the same characteristic under a different condition.

**Degrees of Freedom ( $df$ ):** Refers to the number of values used to compute a statistic; an  $F$ -test has two values for  $df$ : the first is determined by the number of groups being compared - 1, and the second is approximately the number of observations in the sample; used with the  $F$  to determine the  $p$ -value.

**$F$  Ratio ( $F$ ):** The ratio of explained variance to error variance; used with the two  $df$  values to determine the  $p$ -value.

**Normality:** Refers to the distribution of the data. The assumption is that the data follows the bell-shaped curve.

**Outlier:** A data point that is abnormally distant from a set of observations.

**Partial Eta Squared ( $\eta^2_p$ ):** Effect size for the ANOVA and determines the strength of the differences among the groups.

**$p$ -value:** The probability of obtaining the observed results if the null hypothesis is true.

**Residuals:** Refers to the difference between the predicted value for the dependent variable and the actual value of the dependent variable.

**Sphericity:** When there are three or more repeated measurements, the variance of the differences between each pair of measurements must be equal. Sphericity is the term used to describe this measurement.

**Type I Error:** Rejection of the null hypothesis when the null hypothesis is true; also referred to as a false positive result.

## **Friedman Test**

Friedman test is a non-parametric significance test for more than two dependent samples and is also known as the Friedman two-way analysis of variance; it is used as a null hypothesis test. In other words, it is used to test that there is no significant difference between the size of 'k' dependent samples and the population from which these have been drawn. The Friedman test statistic is distributed approximately as chi-square, with (k - 1) degrees of freedom.

**Fun Fact!** The Friedman Test was developed by Milton Friedman, an American economist who was an adviser to President Ronald Reagan and British Prime Minister Margaret Thatcher.

**Chi-Square Test Statistic ( $\chi^2$ ):** Refers to the number of values used to compute a statistic. The  $df$  is determined from the number of groups the nominal variable has; used with  $\chi^2$  to compute the  $p$ -value.

**Degrees of Freedom ( $df$ ):** Refers to the number of values used to compute a statistic; used with  $\chi^2$  to compute the  $p$ -value.

**$p$ -value:** The probability of obtaining the observed results if the null hypothesis (no relationship between the independent variable(s) and dependent variable) is true; in most social science research, a result is considered statistically significant if this value is  $\leq .05$ .



## Raw Output

### Repeated Measures ANOVA for pre\_1, pre\_2, pre\_3, pre\_4, and pre\_5

Included Variables:

pre\_1, pre\_2, pre\_3, pre\_4, and pre\_5

Sample Size (Complete Cases):

N = 16

Sphericity:

| Test           | W     | p                       |
|----------------|-------|-------------------------|
| Mauchly's test | 0.118 | $8.201 \times 10^{-04}$ |

Model Results:

| Source          | df | SS     | MS    | F     | p       | $\eta_p^2$ |
|-----------------|----|--------|-------|-------|---------|------------|
| Within-Subjects |    |        |       |       |         |            |
| Within Factor   | 4  | 21.500 | 5.375 | 5.708 | 0.00703 | 0.276      |
| Residuals       | 60 | 56.500 | 0.942 |       |         |            |

Means Table for Within-Subject Variables:

| Variable | M     | SD    |
|----------|-------|-------|
| pre_1    | 3.812 | 1.642 |
| pre_2    | 4.188 | 1.759 |
| pre_3    | 5.312 | 1.493 |
| pre_4    | 4.500 | 2.251 |
| pre_5    | 4.062 | 1.982 |

Note.  $n = 16$ .

The Marginal Means Contrasts for the Repeated Measures ANOVA:

| Contrast      | Difference | SE    | df | t      | p                       |
|---------------|------------|-------|----|--------|-------------------------|
| pre_1 - pre_2 | -0.375     | 0.155 | 15 | -2.423 | 0.163                   |
| pre_1 - pre_3 | -1.500     | 0.258 | 15 | -5.809 | $2.855 \times 10^{-04}$ |
| pre_1 - pre_4 | -0.688     | 0.362 | 15 | -1.900 | 0.359                   |
| pre_1 - pre_5 | -0.250     | 0.310 | 15 | -0.808 | 0.924                   |
| pre_2 - pre_3 | -1.125     | 0.256 | 15 | -4.392 | 0.00408                 |
| pre_2 - pre_4 | -0.312     | 0.350 | 15 | -0.892 | 0.895                   |
| pre_2 - pre_5 | 0.125      | 0.340 | 15 | 0.368  | 0.996                   |
| pre_3 - pre_4 | 0.812      | 0.458 | 15 | 1.772  | 0.423                   |
| pre_3 - pre_5 | 1.250      | 0.496 | 15 | 2.521  | 0.138                   |
| pre_4 - pre_5 | 0.438      | 0.316 | 15 | 1.385  | 0.646                   |

Note: Tukey Comparisons were used to test the differences in estimated marginal means.

### Friedman Rank Sum Test for the Differences in pre\_1, pre\_2, pre\_3, pre\_4, and pre\_5

Included Variables:

pre\_1, pre\_2, pre\_3, pre\_4, and pre\_5

Sample Size (Complete Cases):  
N = 16

Mean Ranks for Each Variable:

| Variable | Mean Rank |
|----------|-----------|
| pre_1    | 2.156     |
| pre_2    | 2.812     |
| pre_3    | 4.250     |
| pre_4    | 3.031     |
| pre_5    | 2.750     |

Results:

$\chi^2 = 17.419$ ,  $df = 4$ ,  $p = 0.00160$

Post-Hoc Tests:

| Comparison  | Observed Difference | Critical Value |
|-------------|---------------------|----------------|
| pre_1-pre_2 | 10.500              | 25.107         |
| pre_1-pre_3 | 33.500              | 25.107         |
| pre_1-pre_4 | 14.000              | 25.107         |
| pre_1-pre_5 | 9.500               | 25.107         |
| pre_2-pre_3 | 23.000              | 25.107         |
| pre_2-pre_4 | 3.500               | 25.107         |
| pre_2-pre_5 | 1.000               | 25.107         |
| pre_3-pre_4 | 19.500              | 25.107         |
| pre_3-pre_5 | 24.000              | 25.107         |
| pre_4-pre_5 | 4.500               | 25.107         |

Note: Observed Differences > Critical Differences indicate significance at the  $p < 0.0500$  level.