Thought Control Questionnaire (TCQ)

by James Lani

http://www.statisticssolutions.com/thought-control-questionnaire-tcq/

Click here for to get help with your Thesis or Dissertation.

Click here for FREE Thesis and Dissertation resources (templates, samples, calculators).

Developed as a measure of recurrent thinking, the Thought Control Questionnaire (TCQ) tests subjects’ responses to unpleasant thoughts that they experience. It allows for research in developing techniques to control unpleasant and unwanted thoughts. Testing is based on five subscales: Distraction, Social Control, Worry, Punishment, and Re-appraisal.

The TCQ is a self-report questionnaire that consists of 30-items using a 4-point scale (1 = never to 4 = almost always). The score is the sum of each of the totals for the five subscales.

Author

Wells & Davies, 1994

Validity and Reliability

According to studies conduct by Greg J. Siegle, Stuart R. Steinhauer, Cameron S. Carter, and Michael E. Thase (University of Pittsburgh, School of Medicine), the Thought Control Questionnaire had a calculated average internal consistency alpha rating of .73, making it a valid instrument. The correlation of the Thought Control Questionnaire scale with other instruments (RSQ, RNT, RNE, MRQ, ECQ) was .39 (Worry), .46 (Punishment), and .39 (Re-appraisal).

Administration, Analysis and Reporting

Statistics Solutions consists of a team of professional methodologists and statisticians that can assist the student or professional researcher in administering the survey instrument, collecting the data, conducting the analyses and explaining the results.

For additional information on these services, click here.

References


Dissertations and Journal Abstracts

