Rosenberg Self-Esteem Scale (SES)

by James Lani


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The Rosenberg Self-Esteem Scale is a tool for assessing global self-esteem. Psychologists and sociologists are common users for this instrument. Also, the instrument is a vital part of self-esteem measure in social science research and is mainly used adolescents. RES exists in several languages – English, French, and Norwegian.

Ten statements are included in the self-report measure that pertain to self-worth and self-acceptance. A four-point scale ranging from “strongly agree” to "strongly disagree.” The items were selected as a Guttman scale with 7 “contrived items.”

Author

Morris Rosenberg

Reliability and Validity

The Rosenberg Self-Esteem Scale presented high ratings in reliability areas; internal consistency was 0.77, minimum Coefficient of Reproducibility was at least 0.90 (M. Rosenberg, 1965, and personal communication, April 22, 1987). A varied selection of independent studies each using such samples as – parents, men over 60, high school students, and civil servants – showed alpha coefficients ranging from 0.72 to 0.87 (all fairly high). Test-retest reliability for the 2-week interval was calculated at 0.85, the 7-month interval was calculated at 0.63 (Silber & Tippett, 1965, Shorkey & Whiteman, 1978). The RES is closely connected with the Coopersmith Self-Esteem Inventory.

More Information, Copy

Rosenburg Self-Esteem Scale

Administration, Analysis and Reporting

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References


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