Relationship Self-Efficacy Scale (RSE)

by James Lani


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The Relationship Self-Efficacy Scale is a 35-item instrument which asks “Within your present relationship, how confident are YOU in YOUR ability to do each of the following?,” and then lists 35 “adaptive relationship maintenance behaviors” which Respondents rate using a 9-point Likert-type scale ranging from “I’m not sure at all” to “I’m completely sure”.

Authors

Frederick G, Lopez, Wendy Monia, and Kenneth G, Rice

Reliability and Validity

Lopez, Morua, & Rice, 2007 exploratory and confirmatory factor analyses on independent samples of college students, Cronbach's coefficient alpha for internal consistency reliability of the scores on the 35-item RSE for the study sample was .94.

For more information, and to obtain the RSE

University of Houston

Lopez, Morua, & Rice, 2007

If you need assistance with this survey instrument once obtained...

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References